



FIVE News

The Five Project, Inc.

美国五项目机构

December 2012

2012: Year in Review

Holiday Greetings!

The Five Project is pleased to report on another successful year in supporting families and teachers of individuals with disabilities in China. In addition to recapping the years' accomplishments, in this newsletter we briefly focus on our recent work over the past few months.

Year in Review:

**Third autism training video completed, entitled "Understanding Asperger's".

**Two extended trainings in China, including a follow up for teachers that we previously trained in Anshan, and a training for parents and teachers in northern Sha'anxi province, in partnership with the parents' association, Kindness Tree.



**Promoting awareness and autism knowledge through lectures in China and the US, including keynote lecture by Helen McCabe at September autism conference in Beijing.

**Presentations and invitations to present at national autism conferences in Beijing (Sept. 2012, and invitation to present at World Autism Awareness Day conference in March 2013)

**Successful continuation of monthly disability family support group in Nanjing (see picture above)

In your annual giving at the end of the year, please consider supporting our work. (Donate online at <http://www.thefiveproject.org/> or send a donation to 33 Fitch Terrace, Randolph, MA 02368). Please let us know if your donation is in honor or memory of someone and to whom we should send an acknowledgement.

Below: Disseminating information about autism teaching methods through lectures/training, and in video and print materials, is a primary focus of FIVE's work.



Follow FIVE on Twitter for more updates: <https://twitter.com/ChinaDisability>

Board of Directors:

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Teacher Training: Conferences and Organizational Partnerships



While FIVE's focus is currently on onsite, hands-on teacher training, we also have taken the opportunity to present at large conferences in China where we can advocate for effective services for individuals with autism and other disabilities, and provide some instruction in teaching methods. In September, Helen McCabe, co-founder, was the keynote speaker at the China Rehabilitation Research Center 3rd Annual National Autism Rehabilitation Conference, where she spoke and shared teaching materials and clips regarding using methods of applied behavior analysis (ABA).

Regarding teacher training onsite at autism organizations, in the past year these trainings included a follow-up training at a program in Anshan, in northeast China, and a first time training in Suide, in northern Sha'anxi province. We continuously receive requests to provide training around China, including a parent association in Dalian, and several autism intervention organizations in Jingmen, Hubei. Addressing the urgent needs of these two regions are included in our plans for the immediate future, as funding allows.

Left: Helen McCabe presents at an autism conference in Beijing

Below: Patricia Wright and Karen McCabe provide training to parents and teachers in Suide, Sha'anxi province.



Meeting the Need for Chinese Language Information

In addition to the hands-on, in country training that we highlighted in our last newsletter, FIVE focuses very strongly on preparing and distributing Chinese language materials to Chinese speaking families and teachers of individuals with disabilities, with a focus on autism. While most of our materials are used by individuals in China, they have also been shared with Chinese families in the United States and other countries (Australia, Canada). Recently we were invited to attend an annual meeting of families, including Chinese speaking families, in Boston; at the meeting, we shared FIVE's written and video materials with parents of young adults with developmental disabilities.

We increasingly receive emails from teachers and parents seeking assistance. Often they have specific questions about their children. Also they often request that we send them FIVE's set of videos (Understanding Autism—Language and Communication; Addressing Behavior Problems in Autism; Understanding Asper-

ger's). Interest in and responses to the videos confirm the effectiveness of this learning tool. FIVE is increasingly using video and internet tools to provide training and written materials in an efficient and cost-effective manner. These videos have been viewed by thousands of teachers, parents, graduate students, and other individuals interesting in helping individuals on the autism spectrum, and are available on FIVE's website, "YouKu" (similar to YouTube, in China), Chinese autism organization websites, as well as in DVD format, and have been shown at trainings for autism professionals by a number of organizations around China.

Written materials are also highly desired by Chinese speaking families and teachers, and FIVE is working on updating the autism knowledge section on its website. Volunteers who are fluent in both English and Chinese are always welcome to assist with this project!

Below: Since FIVE's founding, the development of Chinese language materials has been a priority. This 2008 picture of co-founder, Karen McCabe, being surrounded by parents eager for FIVE's materials continues to be an accurate representation of the need in China for accurate and practical (Chinese-language) information about autism.



Asperger's Video Now Available! ABA Video in Preparation!



Left: Opening scene from "Understanding Asperger's" video

As we shared in the last newsletter, word of FIVE's Chinese language training videos seems to be spreading even more widely in China. We receive increasing requests for our existing videos, as well as requests for new videos that will help families and teachers to better understand, accept, and help their children. Our third video, "Autism Spectrum Disorders: Introducing Asperger's" is now

complete and available online on youku.com in three parts ([part 1](#); [part 2](#); [part 3](#)). In the first three days it was viewed over 500 times! DVDs are also being mailed to families in China. Gratitude continues to be due to our FIVE volunteer, Lindsey Hagan, who not only did the filming and much of the editing as in the past, but she also wrote and designed much of the content for the third training film. We are also grateful to **the 3 individuals with Asperger's and the parents** of a young boy diagnosed with PDD-NOS who participated in film, sharing their own experiences. FIVE's next video, "Applied Behavior

Analysis: Focus on Discrete Trial Teaching" will be filmed shortly. Free and available online to all, all DVDs are also available for a small fee for international professionals and organizations interested in these materials. (Please contact us at thefiveproject@yahoo.com if you are interested.)



Right: Filming "social skills" scenes for AS video

Thanks to all, including those who have donated since the last listing

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|---------------------------------|------------------------|----------------------------|
| Elsie Almeida | Rose & Priscilla Deban | Kathy Konig |
| Peter Angelos | Lydia Garvey | Margot Landman |
| Eric Barnes | Wendy Gaylord | Helen McCabe |
| Frya Barnes | Mark & Mary Gearan | Karen McCabe |
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| Lara Blanchard | GoodSearch | William & Genevieve Salemi |
| John Boyd | Ming Ho | Cindy Sutton |
| Elizabeth Dahl | Jin Hyung Kim | Patricia Wright |

An art fundraising event is being planned in memory of Gao Ru (高儒), a beloved friend of Helen's since 1997 and a treasured friend of FIVE. An artist with a physical disability, Gao Ru was a role model for people with disabilities, and she believed strongly in the work of The Five Project. Donations in her memory are welcome and will be used to honor her in our future work. The memorial event will be held next fall, near Gao Ru's birthday.

