



FIVE News

The Five Project, Inc. 美国五项目机构

Intensive Training: Anshan & Sha'anxi

Dear Friends of FIVE:

Thanks to a donation from the U.S.-China Business Council, The Five Project just completed two intensive training projects for parents and teachers of individuals with autism (and other developmental disabilities) and is continuing our work in developing and distributing autism training videos. We are grateful for the support of USCBC, as well as for the participation of Dr. Patricia Wright, National Autism Director for Easter Seals. Patricia has helped lead FIVE autism trainings in Nanjing (2010), Anshan (2011), and



FIVE Training Team with Anshan Angel's Wings Teachers, March 2012

most recently again in Anshan (2012) and Suide in Sha'anxi province (2012). The cooperation of Easter Seals, the donation of USCBC, as well as the many volunteer hours by FIVE board members and others have made these trainings possible. In this issue, we share the recent work in Sha'anxi and An-

shan, as well as current video projects underway. Please consider supporting our work. (Send a donation to 33 Fitch Terrace, Randolph, MA 02368 or donate online at <http://www.thefiveproject.org/how-to-help.html>)

This issue is in memory of Gao Ru (高儒), a beloved friend of Helen's since 1997 and a treasured friend of FIVE for all of our five years.

An artist with a physical disability, Gao Ru was a role model for people with disabilities, and she believed strongly in the work of The Five Project. Donations in her memory are welcome and will be used to honor her in our future work.

August 2012

In memory of Gao Ru (1940-2012)

Board of Directors:

- Helen McCabe, PhD, President
- Karen McCabe, Executive Director, Secretary
- Susan Klein, PhD, Treasurer
- Peter Angelos
- Michelle Badhwar
- Eric Barnes, PhD
- Robert Delaney
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Sha'anxi —Suide Kindness Tree Parent Association (绥德爱心树)



On June 1, 2012, Five Project volunteers (and board members) Karen McCabe and Helen McCabe, along with Easter Seals Autism Director and FIVE volunteer, Patricia Wright, went to northern Sha'anxi province to conduct an autism training. The training was conducted in Suide, a small mountainous county under Yulin City. Because Suide does not have any autism services or

special education for children with autism or intellectual disability, our partner on this trip was the parent association, Kindness Tree (爱心树) Special Children's Center. 70 parents & teachers of children with autism and other developmental disabilities attended seven days of training that included lecture, hands-on group activities, and demonstration of various teaching techniques. The focus was on communication, and on home and leisure skills to benefit families regardless of the educational opportunities—or lack thereof— available in their home towns and villages. Several young men with autism spectrum disorders attended with their parents and were eager assistants in demonstrations of social and other techniques, for which we thank them!

**We are very grateful for a charitable donation from the US-China Business Council which enabled us to return to Anshan and expand our in-country training work to Sha'anxi.*



Return to Anshan Angel's Wings Autism Training Center

The mission of The Five Project includes increasing the capacity of autism and other disability organizations in China to provide effective intervention services. To this end, FIVE works with multiple organizations who seek our support to provide training. Because we are committed to providing long-term guidance to ensure sustainability and increased capability, FIVE maintains partnerships and does follow up training—thus in March, a training team returned for a second visit to Anshan's Angel's Wings Autism Training Center (our first training there was in January 2011). During this training, Easter Seals' Patricia Wright provided teachers with in-depth instruction in teaching using Applied Behavior Analysis, and specifically discrete trial teaching. The other trainers, Helen McCabe and Karen McCabe, provided translation and facilitated each activity. Teachers had a strong

foundation based on earlier FIVE training and their years of experience, and were able to more effectively provide instruction, including the important skill of data collection. At the end of the training, Patricia and Helen gave a conference presentation to over 100 people from areas in the northeast part of China. These parents and teachers took the skills learned back to their homes to share with others.*



Above: Consulting with teachers
Left: Hands-on instruction in the classroom



* One parent who attended the Anshan conference also came to the Suide training. Despite the long distance, she explained, "After meeting you in Anshan, I learned so much and my son made a lot of progress. So I was determined to continue attending any training provided by FIVE!!"

Autism Training Videos—An Update on an Ongoing Project



Recently, word of FIVE's Chinese language training videos seems to be spreading even more widely in China. We receive increasing numbers of requests

for our existing videos (Understanding Autism—Focus on Language and Communication; and Facing Autism—Managing Challenging Behavior), as well as requests for new videos that will help families and teachers to better understand, accept, and

help their children. We are currently in the final stages of production for the third video, "Autism Spectrum Disorders: Introducing Asperger's" and, as before, are grateful for our FIVE volunteer, **Lindsey Hagan**. However, in this case, Lindsey not only did the filming and editing as in the past, but she also wrote and designed much of the content for the film. This third film has benefited from many expert consultants as well, namely 3 individuals with Asperger's and the parents of a young boy diagnosed with PDD-NOS. These experts are important parts of the film, as they share their own experiences. Within the next

month, hundreds of DVDs of this third video will be mailed to Chinese families and teachers. All DVDs are also available for a small fee for international professionals and organizations interested in these materials. (Please contact us at the-fiveproject@yahoo.com if you are interested.)



Other news and thanks!

As an all volunteer 501(C)(3) organization, we are grateful to our volunteers as well as to our supporters who help us accomplish this meaningful work. Families from small towns and villages in China who cannot afford services express their gratitude that FIVE's trainings are provided to them at no

charge. This work would not be possible without the many people who believe in the importance of education for all children, and in helping educational organizations and families increase their capacity to help individuals with autism and other disabilities to have meaningful and high quality lives. A

final thank you to Gloria Gonzalez—Micklin and her family, Aly Trissler and Sebastian Gonzalez-Valencia, for volunteering at the June support group meeting, where we focused on practicing social skills.



Above: Gloria Gonzalez-Micklin with Zhang Ge (FIVE's inspiration) & their families, & Helen. Gloria met Zhang Ge 20 years ago & has been a strong supporter of FIVE's work since our founding.

